



SERVICING THE
LOCAL COMMUNITY



CREATE HOPE
in the WORLD



The Rotary Club of Warrandyte Donvale (Inc)
Club Bulletin

Date: 18th February 2024



A NOTE FROM THE Editor



Warrandyte Big Lunch Feb 2024

Free, all are welcome, but bookings
required for catering.

Available spots

More information

With thanks to Manningham City Council, Warrandyte Neighbourhood House, in partnership with Warrandyte Lions, Warrandyte Rotary, Warrandyte Riverside Market, Access Health and Community, JobCo and Life Therapies, we will deliver a series of Community Lunches. The intention of the 'Warrandyte Big Lunch' is, in its essence, an opportunity for community to connect. In addition, it will provide a free meal to those in need, provide social connection to people who are experiencing social isolation and provide informal, "soft entry" referrals to allied health and support services.

<https://www.warrandyteneighbourhoodhouse.org.au/>





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The Rotary Club of Warrandyte Donvale (Inc) Club Bulletin UP COMING PROGRAMME

Monday 19 TH February	<p>Food Van deep clean @ Gavin's.</p> <p>10.00 onwards</p>
Tuesday 20 th February	<p>Big Lunch @ Warrandyte Neighbourhood House 1-3pm</p> <p>Must Register - see details above. To register go https://www.warrandyteneighbourhoodhouse.org.au/</p>
Tuesday 20 th February	<p><i>Club Meeting at Now and Not Yet</i> <i>6.30 for 7pm</i> <i>Cost of a one course meal \$16</i> <i>BYO Wine if you wish.</i></p> <p>Guest Speaker: Derek Bradshaw – will talk us through some ideas for increasing our membership. Chair: Rob Edwards Greeter: all the club members please</p>
Sunday 25 th February	
Tuesday 27 th March	<p><i>No Meeting</i></p>
Saturday 2 nd March	
Tuesday 5 th March	<p><i>Club Meeting at The Grand Hotel Warrandyte –</i> <i>6.30 for 7pm</i></p> <p>Guest Speakers: Ventura Scouts from the Doncaster Troop who we helped to finance to their recent Jamboree in NZ. Will tell us about their experiences at the Jamboree.</p> <p>Chair: Judy Hall Greeter: Louise Latimer Property: Kevin Hall</p>




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9, 10, 11 th March	Labour Day Long Weekend
Tuesday 12 th March	Board Meeting – 5pm Warrandyte Community Church
Tuesday 19 th March	<p><i>Club Meeting at Now and Not Yet</i> <i>6.30 for 7pm</i> <i>Cost of a one course meal \$16</i> <i>BYO Wine if you wish.</i></p> <p>Guest Speakers: Local student Ashley who attended the recent National Youth Science Forum. Natalie Reinhart: is a Youth Life Coach - will tell us about her work and her ideas about needs of Youth in our community.</p> <p>Chair: David & Marg George Greeters – everyone in the club.</p>
Tuesday 26 th March	<i>No meeting</i>
Fri 29 March – Mon 1 st April	Easter Weekend NO TUNSTALL MARKET
Tuesday 2 nd April	<p><i>Club Meeting at The Grand Hotel Warrandyte –</i> <i>6.30 for 7pm</i></p> <p>Guest Speaker: TBA Greeter: Property:</p>
Saturday 6 th April	
Sunday 7 th April	Daylight saving finishes (so that's it for summer!)
Tuesday 9 th April	<i>Social night</i> <i>TBA</i>
Tuesday 16 th April	



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	<p><i>Club Meeting at Now and Not Yet 6.30 for 7pm Cost of a one course meal \$16 BYO Wine if you wish.</i></p> <p>PAUL HARRIS BIRTHDAY SPECIAL CELEBRATION – it's PH's birthday on the 19th so there are lots of surprises in store for this auspicious occasion. Watch this space.</p> <p>Chair: President Gavin</p> 
Tuesday 23 rd April	<i>No meeting</i>
Sunday 28 th April	
Tuesday 30 th April	<i>No meeting</i>
Saturday 4 th May	
Tuesday 7 th May	<p><i>Club Meeting at The Grand Hotel Warrandyte – 6.30 for 7pm</i></p> <p>Guest Speaker: Greeter: Property:</p>
Tuesday 14 th May	<i>No Meeting</i>
Tuesday 19 th May	<p><i>Club Meeting at Now and Not Yet 6.30 for 7pm Cost of a one course meal \$16 BYO Wine if you wish.</i></p>



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THIS MARCH, THE LAST EVER DISTRICT CONFERENCE FOR DISTRICT 9810 WILL BE HELD IN WARRNAMBOOL.

LET'S ALL MAKE IT A RIPPER AND REGISTER – ALL DETAILS ON THE DISTRICT WEB SITE. REGISTRATIONS ARE COMING IN THICK AND FAST SO IF YOU DON'T WANT TO MISS OUT YOU BETTER GET ONTO IT!



MONTHLY MESSAGE FROM RI PRESIDENT: R. Gordon R. McNally

President 2023-24

February 2024

I am enthused and encouraged by your embrace of mental health initiatives throughout the Rotary world. More than 1,000 of you have responded so far to an ongoing survey by the Rotary Action Group on Mental Health Initiatives, offering your feedback on what Rotary can do to improve the personal well-being of members.

The top suggestions are illuminating. Rotary members are asking for more fellowship, camaraderie, conversation, cohesiveness, and connection. They also want more recognition, validation, and integration. They are seeking more service opportunities, and they want more wellness activities, including mental health speakers, awareness efforts, and education.



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Our members not only appreciate the greater focus on mental health, but they also believe that making more of the Rotary experience will materially improve their lives. I find it interesting that members are not asking anything dramatically new of their club — rather they want more of what we do best. For example, connection can be improved during meetings simply by assigning seating once each month to encourage people to speak with someone new.

Here are some great ways that we can help achieve these results and make Rotary more appealing to those considering membership. First, we need to acknowledge the importance of increasing belonging in our clubs and to encourage Rotary members to make the most of every opportunity for new and stronger connections. Public health experts worldwide are concerned about increasing levels of loneliness — the U.S. surgeon general has even declared it an epidemic. Mental health experts agree that finding groups and clubs around common hobbies and interests is a strong way to create greater connectedness. This is what Rotary is all about. We need to make sure all of our members are fully engaged and that our communities are better aware of this inherent strength.

Second, if your club has found new ways to build connection, please share your stories with us at mindhealth@rotary.org so we can make them more broadly known within the Rotary world. Your good ideas might inspire others. Post your service project stories on Rotary Showcase.

And finally, I encourage you to share feedback from surveys like this with your club and bring forward your own ideas to improve your club experience and meet your peers' expectations. The journey we have begun is about more than mental health. It is about taking advantage of the full strength of our wonderful organization and helping all members feel that they are part of a community that cares deeply about their personal well-being.

Everything you do to strengthen connections in Rotary, with each other and the people we serve, also helps improve mental health. And everything we do to improve mental health helps strengthen those connections. Let's continue this virtuous cycle.